



KZNQG MYSTERY SEW-ALONG

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Fourth Instalment - 13 July 2020

It's unbelievable that we are already on the 4th set of instructions for the KZNQG Mystery Quilt! Having got this far, it occurred to me that I would love to find out exactly who is doing this quilt. Please let me know if you are. It doesn't matter if you are a member of KZNQG or not. I would just love to know who is making this quilt. If you started it through Facebook, post a comment on the Facebook page, if you get it any other way, please WhatsApp me. My number is at the bottom of the page. Thank you so much.

Rail Fence

This block is quick and easy. You're going to love it.

You will need to make sure that you can stitch an accurate quarter inch seam allowance.

If you have a quarter inch foot with a guide, use it.

If not, remember that you need to line up the edge of your quarter inch foot with the edge of the fabric. The fabric should not be hiding under the foot and there should also be no fabric peeping out the side of your foot. I hope this makes sense.

We will once again use strip piecing and chain piecing.

- Strip piecing - sew strips of fabric together and then cut these into segments.
- Chain piecing - starting with a leader scrap, feed one unit after another into the sewing machine to save time and thread. Once all the units are stitched, remove the "chain"

Most often, a rail fence block has three stripes. For our rail fence block, we need four stripes.

You will need light, medium and dark fabrics for this block.



Cutting:

- For a cot quilt, if you are NOT using scraps, cut the following:

From the dark fabric cut three $1\frac{1}{2}$ " strips

From the medium fabric cut three $1\frac{1}{2}$ " strips

From the light fabric cut six $1\frac{1}{2}$ " strips

If using scraps:

cut 24 rectangles of dark fabric 5" by $1\frac{1}{2}$ "

cut 24 rectangles of medium fabric 5" by $1\frac{1}{2}$ "

cut 48 rectangles of light fabric 5" by $1\frac{1}{2}$ "

- For a lap quilt, if you are NOT using scraps, cut the following:

From the dark fabric cut four $1\frac{1}{2}$ " strips

From the medium fabric cut four $1\frac{1}{2}$ " strips

From the light fabric cut eight $1\frac{1}{2}$ " strips

If using scraps:

Cut 32 rectangles of dark fabric 5" by $1\frac{1}{2}$ "

cut 32 rectangles of medium fabric 5" by $1\frac{1}{2}$ "

cut 64 rectangles of light fabric 5" by $1\frac{1}{2}$ "

- For a single bed quilt, if you are NOT using scraps, cut the following:

From the dark fabric cut eight $1\frac{1}{2}$ " strips

From the medium fabric cut eight $1\frac{1}{2}$ " strips

From the light fabric cut sixteen $1\frac{1}{2}$ " strips

If using scraps:

cut 68 rectangles of dark fabric 5" by $1\frac{1}{2}$ "

cut 68 rectangles of medium fabric 5" by $1\frac{1}{2}$ "

cut 136 rectangles of light fabric 5" by $1\frac{1}{2}$ "



- For a queen size quilt, if you are NOT using scraps, cut the following:

From the dark fabric cut eleven $1\frac{1}{2}$ " strips

From the medium fabric cut eleven $1\frac{1}{2}$ " strips

From the light fabric cut twenty-two $1\frac{1}{2}$ " strips

If using scraps:

cut 96 rectangles of dark fabric 5" by $1\frac{1}{2}$ "

cut 96 rectangles of medium fabric 5" by $1\frac{1}{2}$ "

cut 192 rectangles of light fabric 5" by $1\frac{1}{2}$ "

Method:

- Pick up a light strip and a dark strip. With right sides facing, pin and stitch along one long edge, making sure that the dark fabric is on the top. Repeat with all the dark and half of the light strips. When stitching, make absolutely sure that your seam allowance is a perfect $\frac{1}{4}$ " along the whole length of the strip. Chain piece them to save thread.



Press to the dark side.

- Pick up a light strip and a medium strip. With right sides facing, pin and stitch along one long edge, making sure that the medium fabric is on the top. Repeat with all the medium and the balance of the light strips. When stitching, make absolutely sure that your seam allowance is a perfect $\frac{1}{4}$ " along the whole length of the strip. Chain piece them to save thread.





Press to the medium side.

- When you stitch strips of fabric together, if you are not careful about the direction in which you stitch the strips, they will bow like a rainbow! Making sure that you get the strips in the correct direction, place the medium/light strip set on top of the dark/light strip set with right sides facing. Make sure that the medium strip is on top of the light strip from the dark/light combo. Pin and stitch the medium to the light. Stitch with the medium on top. Repeat for all the strip sets. Note the arrows in the diagram below - they indicate the direction of the stitching.
- When you open out the strips, press to the medium. Your strip set should resemble the following image.



- Lining your ruler up with the stitched lines, trim the edge of the strip set to straighten up. Turn the strip set around and cut into $4\frac{1}{2}$ " rail fence blocks. You will get to a point where the stitching lines and the straight cut edge will no longer line up. When this happens, just turn your work around and trim to straighten up again.
- If making a **scrap quilt**, having cut 5" rectangles, follow the above instructions but just trim down your 5" blocks to $4\frac{1}{2}$ " rail fence blocks.
- For a **cot size** quilt, you will need 24 rail fence blocks.
- For a **lap quilt**, you will need 32 rail fence blocks.
- For a **single bed** size quilt, you will need 68 rail fence blocks.
- For a **queen size** quilt, you will need 96 rail fence blocks.

Enjoy!